



LEADERSHIP COACH & TRAINER

Sailaja Manacha

Sailaja is known for her programs and coaching methods that combine psychology and leadership practices. To date, she has:

- Coached over 20 leaders at CEO minus 1, 2 & 3 levels in large multinationals.
- Facilitated thousands of emerging leaders to advance in their careers and meet their goals.
- Coached professionals across diverse industries like BPO, IT, Telecom, Education, Social Entrepreneurship, and more.
- Clocked 10,000+ hours in facilitating transformative learning and coaching.
- Created digital products to assist learning journeys.



Clients

SIEMENS

DIAGEO

Honeywell

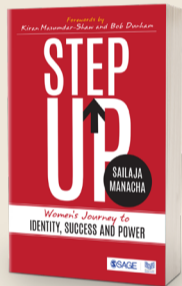
Infosys
Navigate your next

Adobe

Bally
TECHNOLOGIES

Step Up - Sailaja's debut bestseller

In addition, Sailaja is a successful author. Her book on women leadership, Step Up, is ranked as a bestseller across several categories. Step Up is unique in the way it explores the various aspects of being a woman in Indian professional spaces.



Offerings from Physis: For Individuals

Executive Coaching: One-on-one programs through which Sailaja helps senior executives unlock their leadership potential, overcome their limitations, and function strategically.

Relational Intelligence Training: A program where Sailaja enables participants to unlock the relational aspects of leadership. It improves trust-building, negotiation, collaboration and conversations.

Women leadership programs

Rise Up: An early-career training program for women that equips them to develop the skills and mindset as they rise to senior leadership positions.

Step Up: A program for mid-career women professionals, which teaches self-awareness and helps them overcome the roadblocks at this stage of their career.

Power Up: A program that enables senior women executives to lead with authority, power and influence, and create a positive impact in their organisation and the world.

Offerings from Physis: For organisations

Leadership training and coaching programs that:

- Help leaders build their presence, conversational skills, and intuition.
- Solve organisational challenges by equipping leaders.
- Enable leaders to transition and expand to bigger roles.
- Help HR prepare a pipeline for transitions and succession.
- Ease complex business scenarios like M&A.
- Helps organisations navigate a growth spurt.



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